

**2015 IFMAHR Meeting Schedule**

- April 14**      **Board Meeting**
- April 21**      **Lynn Haven Mall Phase II**
- May 12**        **Board Meeting**
- May 14**        **IFMA/ASHRAE Golf Outing**
- June 9**         **Board Meeting**
- June 16**      **Annual Meeting & Elections**
- July 14**        **Board Meeting**



**President's Corner**

Hopefully everyone, and their buildings, stayed warm this winter and are looking forward to spring! Our chapter kicked off the IFMA year with a fun filled Pig & Oyster Roast with our ASHRAE partners. This event helps us raise funds for our 4Kids project, which benefits Edmarc Hospice for Children this year. You can read more about Edmarc and the great work they do here. We are excited to work with ASHRAE on making HVAC, carpet and other updates to the Edmarc facility. We learned some great security information at our October meeting and toured the Kroc Center in November.

*Cont'd on page 3*

December brought our Holiday Social at the Church Point Bed & Breakfast in Virginia Beach. Great food and fun was shared by all and especially by the raffle winners!



**New Newsletter Chairman**

The IFMA Board welcomes Johns Stevens of Runnymede Corporation as our Newsletter Chairman. This

Newsletter reflects his work. We look forward to all of your reports, and thank you for your help in making IFMA Hampton Roads better.

**Please support our sponsors as they support you**

**What's inside:**

- President's Corner ..... 1
- IFMAHR Meeting Schedule ..... 1
- Holiday Social ..... 2
- March 2015 Meeting ..... 3
- January 2015 Meeting ..... 5
- May Golf Tournament Sign up Sheet .6

## IFMA Holiday Social A Success



*IFMA President Christine Mueller presents a check in support of the FoodBank to Director, Marianne Smith-Vargas*



The IFMA Hampton Roads chapter returned to Church Point Manor house for the annual Holiday Social. Church Point Manor is an 1860's farm home that has been completely restored to a Bed & Breakfast. It is furnished with European and American art and antiques and is the perfect setting for an event such as ours.

Several Members of the Hampton Roads Chapter of the American Society of Heating, Refrigerating and Air Conditioning Engineers (ASHRAE) join us in celebration of the Holidays and to continue the friendship alliances that

the two organizations have developed over the years in partnering on the Pig & Oyster Roast and the Golf tournament in support of the community project E4Kids – to refurbish the HVAC&R systems of organizations that work with children in Hampton Roads. This year, the project will provide energy-saving additions to the Edmarc Hospice for Children located in downtown Portsmouth. This group works to ease the trauma of a child's illness of death and reduce the disabling effects of pediatric illness, loss and bereavement on families. *Con'td on Page 4*

*Pete and Kim Burke step up to the plate with Todd dishing out the goodies...*



## BOARD & COMMITTEE CHAIRS:

**President**, Christine Mueller, FMA  
clmn@capgroup.com

**Vice-Pres**, Rick Deitz  
richard.Deitz@generalgrowth.com

**Past President**, Nancy Mitchell-Veeck  
nancy.j.mitchell-veeck@jci.com

**Treasurer**, Richard Cilley  
richard@isvcleaning.com

**Secretary**, Michelle Gold  
michelle.gold@abm.com

**Membership Chair**  
Ruthi Lee  
ruthi@mckownpressurewash.com

**Education & Programs Chair**  
James Robinson  
jim.robinson@pilotonline.com

**Communications Chair**, TBA

**Outreach Chair**, Paul Gram  
pgram01@amerigroupcorp.com

**Sponsorship Co-Chair**  
Jenny Greiner, RPA  
jgreiner@palms.net

**Newsletter Chairman**, John Stevens  
jstevens@runnymedecorp.com

**Administrator**, Al Veeck  
mvainc1@gmail.com

**How to Reach Our Chapter:**  
www.ifma-hamptonroads.org  
Email: ifmahr@gmail.com  
Phone: (757) 313-7400

**Contact the Editorial Staff:** Send comments and suggestions to the editorial staff. Article submissions are welcome and will be considered by the Chapter Board.

**Mail:** IFMAHR, PO Box 68639  
Virginia Beach, VA 23471  
**Phone:** (757) 313.7400

## President's Corner Cont'd

So far in 2015, we've toured the Virginia Pilot Distribution Facility. The snow postponed our visit to The Brock Environmental Center. This month we'll be learning about cleaning & cladding as well as getting an update on what's happening at the Lynnhaven Mall is coming in April. Be sure to mark your calendars and considering sponsoring our Golf Outing at Sleepy Hole on May 14. This event is again in conjunction with ASHRAE and raises funds for our 4Kids project. Watch for emails with all the details on all these events.

I want to take a moment to extend a heartfelt thank you to our Board of Directors, Chapter Administrator, and our sponsors without their hard work, dedication, and financial support our chapter we would not have such great tours, learning opportunities and socials. Be sure to find them at our next meeting and offer your thanks.

I hope to see all of you at our next meeting!

Sincerely,  
Christine Mueller  
President, IFMA Hampton Roads

## March Meeting

### *McKown Pressure Wash & Painting*

With the arrival of Spring fast approaching, our March meeting focused our attention on cleaning and cladding techniques with an expert presentation by Bob McKown. Bob is the owner of McKown Pressure Wash & Painting, serving 25 years in the industry certified as a Class A Contractor. Bob has studied at Virginia Wesleyan College and has earned the IICRC Master Textile Cleaner, Fire and Smoke, Water and Mold Remediation Restorer certifications. Joined by Eric Zajac from Sherman-Williams, Bob delivered a smart, informative, and entertaining overview of the industry and its techniques. Thanks to Ruthi Lee for setting up this presentation!





*Lisa Hall gets a "FitBit" computerized exercise tracker*



*Mike Pfeil wins the ever-popular weather station*

## IFMA Holiday Social Cont'd

The delicious food was provided for the 10th year in a row by the Rustic Gourmet Catering with Todd Pettway and his crew giving everyone the best of seafood, meats and pastries. Todd always provides IFMA with top-of-the-line presentations of just about everything delectable to eat. From crab claws and shrimp to pastas and three different cuts of meat, no one went away hungry.

Santa Claus arrived right on time to wish everyone a Merry Christmas and many members had their pictures taken with his "sleigh." Santa also helped to add to the overall good feelings of the evening as IFMA presented the Foodbank of Southeastern Virginia with a check for \$500.00 in support of their efforts to feed needy families in Hampton Roads.

The evening was completed with the awarding of gifts bid upon by the group. Recipients had a great time winning the gifts and several decided upon an exchange of one for another to get the one they really wanted. Everyone had a great time and the funds from the drawings paid for the support of the FoodBank.

Many thanks to everyone who attended the event, Todd Pettway and the Rustic Gourmet Caterer, and our annual Gold, Silver and Bronze sponsors who support the Chapter and these events.



*Bill Laken, long-time ASHRAE Member wins the outdoor Bluetooth speaker*



## IFMA Tours Virginian Pilot Printing Plant

April 2015

5

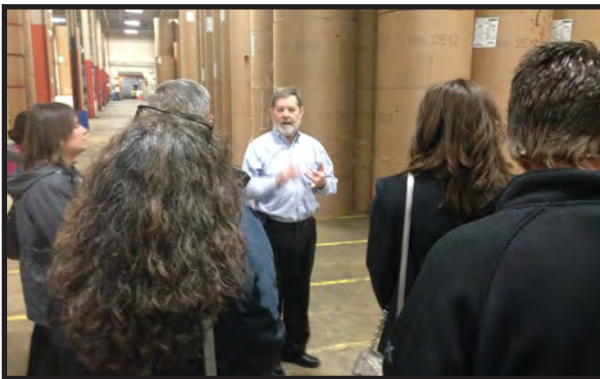
Volume 1

**Operating successful** facilities within budgetary constraints and changing market conditions is perhaps the most universal challenge facility professionals face today. Our tour of the Virginian-Pilot plant in January was a great example of that delicate balance in a high performance facility.

Led by Pilot Media Companies, LLC, Operations Director David Reno, IFMA members and guests received an entertaining and informative overview of the 183,000 square foot facility. Reaching print speeds of 42,000 papers per hour, the facility rolls through approximately 1,588 miles of newsprint daily.

Energy efficiency efforts have focused primarily on the HVAC system, motor drives, and controls, and have yielded a 50% reduction in consumption. The Pilot team has also installed energy efficient lighting including LED fixtures. “Baby steps” says Reno about LED technology as his team continues to search for the best mix of dependability, affordability, and performance. The team is also engaged in sustainable practices such as recycling of paper and aluminum printing plates.

The Virginian-Pilot print media operation remains profitable despite the market pressure applied by digital media. Thanks to Jim Robinson, David Reno, and all of the crew at the plant for their help in setting up this eye opening tour and for answering many questions related to the operation of the plant.





# 2015 Spring Golf Outing



**All players will get a goodie bag and there will be prizes for Longest Drive, Closest to the Pin, Best Score in 2 Flights, and Dinner**

**Please come out and support the annual ASHRAE / IFMA Scholarship Golf Outing. All proceeds go to support ASHRAE Scholarships and IFMA Charities!**

**Sleepy Hole Golf Course**  
 4700 Sleepy Hole Road  
 Suffolk, Virginia 23435  
[www.sleepyholegolfcourse.com](http://www.sleepyholegolfcourse.com)  
 Phone: 757-538-4100

## Thursday, May 14 - Noon Registration- 1:00 PM Shotgun (Rain Date – May 28)

Captains Choice - Dinner and awards ceremony following completion of play.

SPONSORSHIP	INCLUDES	PRICE	CHOICE
Dinner Sponsor	Banner at dinner, hole sign Role in distributing awards, Foursome	\$1,600.00	_____
Beverage Cart	Sponsor the beverage cart with Your firms sign attached, 2 golfers	500.00	_____
<b>Hole-In-One Sponsor</b>	<b>One Only! Sponsor this Contest</b>	<b>500.00</b>	_____
Gold Hole Sponsor	Longest Drive or Closest to Pin Opportunity to Market on Tee With Contest/Raffle/Refreshments, 2 golfers	400.00	_____
Hole Sponsor	Your Company's sign on Hole	160.00	_____
Golf Sponsor	One foursome	340.00	_____
Individual Sponsor	One Golfer	85.00	_____
Good Luck Sponsor	Provide Raffle/Goodie Bag Gift	Donation	_____

\*All Sponsors at or above the 500.00 level get logos added to all communications to members thru May. All Sponsors will be recognized during the awards banquet.

**TOTAL \$ \_\_\_\_\_**

Payment Method: ( ) Check Enclosed ( ) Invoice ( ) Credit Card [fax or e-mail this form]

Company: \_\_\_\_\_

Contact Name: \_\_\_\_\_ E-Mail : \_\_\_\_\_

Phone: \_\_\_\_\_ Fax # : \_\_\_\_\_

Player #1 \_\_\_\_\_ Player #2 \_\_\_\_\_

Player #3 \_\_\_\_\_ Player #4 \_\_\_\_\_

Please complete and return this form along with your payment to:

**ASHRAE MEMBERS**  
**ASHRAE Golf – Daniel Johnston**  
 5301 Robin Hood Rd. Suite 118  
 Ph: 757.652.5378 Fax: 757.490.0610  
 Email: [Daniel.Johnston@siemens.com](mailto:Daniel.Johnston@siemens.com)

**IFMA MEMBERS**  
**Golf IFMA Hampton Roads**  
 PO Box 68639 Virginia Beach, VA 23471  
 Ph: 757.313.7400 Fax: 757.497.1895  
 email: [ifmahr@aol.com](mailto:ifmahr@aol.com)