



**Shannan Kujawski, Regional Manager and Business Development at EBC Carpet Services Corporation/milliCare.** "Having served for 18 amazing years, I help design and customize Commercial Floorcare programs while building valuable partnerships within our network of Owners, Facility and Property Managers. Our customer designed programs include maintaining all flooring types from carpet to concrete, deep cleaning of textiles, and Enhanced Hygiene Services."

## President's Message

Happy New Year from all of us on the IFMA-Hampton Roads Board!

Goodbye 2020 and Hello 2021! Reflection of 2020 has left us all with mixed emotions. What a year it was! I want to personally thank each of you for all the hard work, information, helping hands, willingness to jump in when needed, and for being there even if only via zoom meeting or a phone call! It definitely makes this group a great thing to be a part of and I am continually proud to be among such great people!

As we move into 2021, in full pandemic mode, it is ever clear that our daily routines will be a revolving door of change and growth, nonetheless. This is the year of changed thought, changed perceptions, the new New to be evolved. I am so optimistic that together we will all be the change necessary in making all things possible through our continued engagement, mentoring of our peers, being advocates for each other, and always showing our patience and gratitude for all we do and accomplish together.

We are continuing to work hard to fill the void in tours/meetings that cannot be attended due to current restrictions. If you have any suggestions on meetings that would benefit you or may be of interest, please let me or any of our board members know and we will do our best to fit your request in our schedule.

Respectfully,

**Shannan Kujawski**

*President, IFMA Hampton Roads Chapter*

### 2020-2021 Chapter Officers

#### **President**

Shannan Kujawski  
Strategic Sales Executive/Regional  
Manager  
*EBC Carpet Services*

#### **Vice President**

Michael Sladki, P.E.  
Assistant Office Manager, Principal  
ECS Mid-Atlantic, LLC

#### **Active Treasurer**

Richard Cilley

#### **Secretary**

Blake Dozier  
Co-Owner  
OnPoint Building Services

#### **Immediate Past President**

Michelle Gold, FMA, CFM  
Facility Services Manager  
Optima Health

### Chapter Contact

#### **Administrator**

Amber Megrath  
IFMA-Hampton Roads Chapter  
ifmahr@gmail.com

#### **Mailing address:**

IFMA Hampton Roads  
PO Box 41229  
Norfolk, VA 23502

[www.ifma-hamptonroads.org](http://www.ifma-hamptonroads.org)

## December: Virtual Ugly Mask and Sweater Happy Hour

We always have a great time when we gather, either in person or virtually! We did not think to take this screen shot until the very end of our December 15, 2020 Ugly Mask and Sweater Virtual Happy Hour. And yes, that is a diaper Blake is wearing as a mask! We hope you will join our next virtual social event!



## January: Virtual Education Event – Parking Structure Restoration

On January 19, 2021, IFMA-HR Vice President and ECS Mid-Atlantic, LLC Structural Engineer Michael Sladki, P.E., provided IFMA with a webinar focused on Parking Garage Maintenance. As Mr. Sladki reminded the facilities managers on the call, a parking structure is often both the first and last impression that a user/visitor to your site has. It is important to maintain these hard-used structures, particularly because the primary structural elements are often exposed to the environment and subject to more wear-and-tear than similar components in an office building, condo building, or commercial facility. Mr. Sladki provided insights from his over 20 years of structural engineering experience regarding best practices for maintaining a garage and tips and tricks to determine when a full-scale garage assessment or repair project is needed. Mr. Sladki finished his presentation with practical guidance for facility managers and provided a handy checklist based on ACI 362 for their use. IFMA-HR appreciated this opportunity to learn a bit about parking structures, the challenges they face, and some best practices for their maintenance.

IFMA-Hampton Roads strives to provide valuable opportunities for our members to gather and learn throughout the year. As with all organizations, we will continue to face challenges in 2021 with being able to host all of the in person events we had hoped. Please mark your calendars with the follow dates. Invitations will be sent once all details are planned.

**February 16, 2021 @ Noon**  
**Virtual Education Event:**  
**All That Goes Wrong in a Building**

**March 16, 2021 @ Noon**  
**Virtual Event**  
**Details coming soon**

**April 20, 2021 @ Noon**  
**Virtual Event**  
**Details coming soon**

**May 11, 2021**  
**Spring Charity Golf Outing at Sleepy Hole Golf Course**  
**More details on page 4**

Please note that while these dates are firm, the events are subject to change. We will make every effort to accommodate both in person and virtual attendance at all events when current restrictions allow.

## February Virtual Education All That Goes Wrong in a Building Presented by Ray Williamson



Dominion Enterprises, 150 Granby St, Norfolk, VA 23510

20 story office building at 500,000 square feet. Building sits on 850 concrete pilings. Total capacity of 1650 people, has 419 parking spaces, 8 elevators, and 4 emergency generators that could power 360 homes. The building has a 6000 square foot Data Center and one of the fastest internet connections in Hampton Roads. One floor is dedicated as a Training and Conference Facility that includes a multi-function room which will seat 78 people banquet style.

Brand new building, construction completed in 2006. What could possible go wrong you ask? Join us on a zoom meeting on February 16th at noon and I will discuss the challenges that we have faced over the years. Will also discuss some of the things we have done to keep the building running when parts were not readily available.

Email [ifmahr@gmail.com](mailto:ifmahr@gmail.com) for the zoom registration link.



## 2021 Spring Charity Golf Outing and Awards Banquet to benefit PiN Ministry in Virginia Beach

Prizes for the Longest Drive, Closest to the Pin, and Best Score in 2 Flights

Register today at  
[www.ifma-hamptonroads.org/2021-golf](http://www.ifma-hamptonroads.org/2021-golf)

### Sponsorship Opportunities:

**Dinner Sponsor - 2 Available at \$800 each**

Includes banner at dinner, role in distributing awards and 2 golfers

**Beverage Cart - 2 Available at \$500 each**

Includes company logo on cart and 2 golfers

**Hole-in-One Sponsor - \$500**

Includes company logo on sign, opportunity to market on hole and 2 golfers

**Gold Hole Sponsor - 2 Available at \$400 each**

Longest Drive or Closest to the Pin prize holes. Includes company logo on sign with opportunity to market on hole

**Hole Sponsor - \$275**

Your company logo on sign and opportunity to market on hole

**Tee Box Sponsor - \$125**

Your company logo on sign at Tee

**Good Luck Sponsor - Donation**

Provide an item to include in golfer goodie bags or door prize for giveaway during Banquet

All logo artwork must be received by April 23rd.  
All Sponsors will be recognized during awards banquet.

**May 11, 2021**

12pm Registration

1pm Shotgun Start

Awards Banquet following play

Sleepy Hole Golf Course

4700 Sleepy Hole Rd

Suffolk, VA 23435

Foursome \$340

Individual golfer \$85

Dinner without golf \$30

Questions?

Contact IFMA-HR at

[ifmahr@gmail.com](mailto:ifmahr@gmail.com).

Help us support PiN Ministry by bringing donations of hygiene products, clothing, food or financial support with checks made out to PiN Ministry.

[www.pinministry.org](http://www.pinministry.org)

## 2021 Sponsorship Opportunities Available!

It is a great time to join the IFMA Hampton Roads Annual Corporate Sponsorship program. Now more than ever it is important to make your marketing dollars stretch. Our sponsorship program is designed to give added value and exposure to our membership of Facilities Services Professionals.

Annual Corporate Sponsorship contributors enable our chapter to continually improve and expand the benefits of membership at a level beyond what would be possible if the chapter were to rely solely on membership dues from the Association.

Contact IFMA-HR for more information at [ifmahr@gmail.com](mailto:ifmahr@gmail.com).

### GOLD LEVEL

- Sponsorship nametag at IFMA-HR Meetings and Events
- Logo on IFMA-HR website with link
- Logo on monthly meeting invitations and notices
- Verbal sponsorship recognition at all meetings and events
- Company Spotlight Table at a monthly seminar meeting (by advance reservation)
- 2 tickets to the Holiday Social
- 2 Tickets to the Kickoff Event
- Hole sponsor at golf tournament, with signage
- One golfer fee paid at golf tournament
- Vendor article in one newsletter

### SILVER LEVEL

- Sponsorship nametag at IFMA-HR Meetings and Events
- Logo on IFMA-HR website with link
- Logo on monthly meeting invitations and notices
- Verbal sponsorship recognition at all meetings and events
- Company Spotlight Table at a monthly seminar meeting (by advance reservation)
- 2 tickets to the Holiday Social

### BRONZE LEVEL

- Sponsorship nametag at IFMA-HR Meetings and Events
- Logo on IFMA-HR website with link
- Logo on monthly meeting invitations and notices
- Verbal sponsorship recognition at all meetings and events

**All Sponsorship information can  
be found on our website, visit  
[www.ifma-hamptonroads.org](http://www.ifma-hamptonroads.org)**



## Welcome New Members!

**Andrew Augustine** – SERVPRO of Norfolk/Portsmouth

**Fran Holland** – Cherry Carpet

**Vernon Jackson** – Suffolk Public Schools

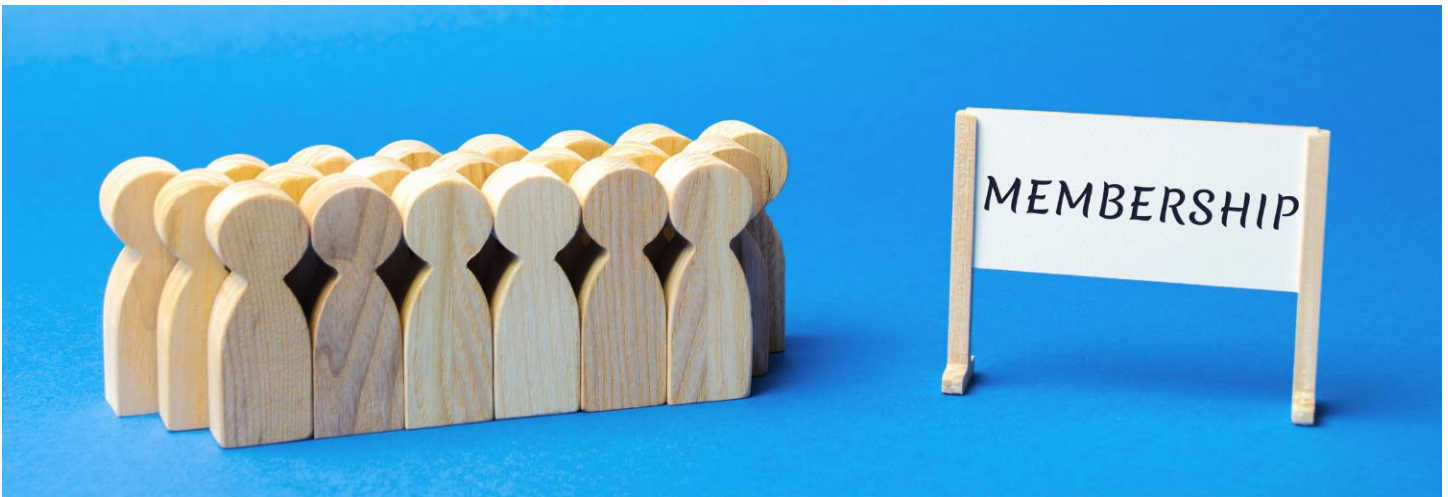
**Francis Lewis** – JRC Mechanical

**Dave Mazzeo** – Winsted Control Consoles

**Mariusz Mijal** – HBA Architecture, Engineering & Interior Design

**Tom Morris** – HRSD

**Sally Pfabe** – IST Management



### WHY JOIN IFMA?

**23,000+ members · 12,000+ credentialed FM professionals · 100+ countries**

As a member, you get instant access to the networking, education and support you need to grow your career. Whether you're looking to give back or get ahead, IFMA is here to help you. We offer leadership and speaking engagements, access to professional development and more. Here are a few of the benefits our members enjoy:

- Monthly content and resources only for members
- Access to our private online Engage discussion forum
- Exclusive access to articles, templates, videos and more
- Discounts on industry-leading research, events and other networking opportunities

Don't wait. Take charge of your career. Join today and become part of the largest network of facility management professionals.

**Grow your network, your knowledge and your career**

## Recommended Reading

During our December 2020 social, the folks at IFMA-HR got a little philosophical about the year that was ending, 2020, and began to wax poetic about the coming year. The conversation turned to books we had read that year that we found interesting or inspiring in one way or another. Listed below are three books that we are willing to vouch for and recommend that you find some time to read this year.

**The Dream Manager by Matthew Kelly** – This book deals with a fictional company who is dealing with an epidemic of employee desertions. In an effort to find out why employees are leaving, the company stumbles upon this concept of being a dream manager. By implementing these ideas, the company leadership begins to encourage and support their employees in pursuing their dreams, even going so far as to help them find jobs that are more suited to their interests. In return, they establish a fierce culture of loyalty among the employees who realize that the company is on their side and is advocating for their happiness and success.

**Good to Great by Jim Collins** – In this book, Jim studies several real-life examples of companies that were generally doing “good” in comparison to their field and then suddenly made a transition and became “great”. He examines the changes that these companies made during this transition and provides ideas for ways you can focus your firm on doing those things that you truly excel at, in order to become “great”.

**Know What You’re FOR by Jeff Henderson** – In this book, Jeff tackles the challenge that the church faces in spreading its message when all people hear is what the church is against. By shifting the focus away from condemnation and criticism and instead focusing on those values that the church wants to expand and grow in others, Jeff provides advice that can be applied to organizations, businesses, and families. In a world in which many people are known for what they stand against, Jeff advises, be known instead for what you stand FOR!



**Looking to get more involved with IFMA-Hampton Roads?  
Contact one of these Committee Chairs to see how you can help.**

**Communications**

Amber Megrath  
ifmahr@gmail.com

**Education & Programs**

Kris Turner  
kris\_turner@capgroup.com

**Membership**

Dainan Gibson  
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**Outreach**

Vernon Payne  
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**Sponsorship**

Lisa Hall  
lisa.hall@abm.com





# Enhanced Hygiene Services

## Protecting Soft & Hard Surfaces

milliCare can provide both cleaning and disinfectant solutions for hard and soft surfaces throughout your facility with our Enhanced Hygiene Services. We use an EPA-registered List N disinfectant that is OSHA compliant and pH neutral with very low toxicity.

milliCare's Enhanced Hygiene Services focus on lowering risk and maintaining facility wellness for building occupants while also preserving the value of your investments.

### Carpet

When disinfecting buildings, carpet hygiene is too often ignored. After we deep clean your carpet, we can apply a hospital-grade disinfectant, Sporicidin. This product deodorizes and sanitizes carpet in one step.

### Upholstery

Furniture is also often forgotten, despite being a high-touch surface. After deep cleaning your furniture, we can apply Sporicidin. When cleaning work chairs, we clean both the fabric and hard surface, including armrests, back, and base of your chair. We can also apply disinfectant to your cubicle panels.

### Hard Surface

After we clean your flooring, we can apply Sporicidin, which disinfects hard non/porous surfaces and has long-term efficacy in killing bacteria that causes odors, which means you can expect your treated surfaces to smell fresh for up to six months.

**milliCare®**  
FLOOR & TEXTILE CARE

## Cleaning vs. Disinfection

While disinfection is important, it doesn't replace cleaning. In fact, the Centers for Disease Control and Prevention (CDC) recommends cleaning and source removal as the first step to proper disinfection.

Cleaning removes germs, dirt and impurities from surfaces or objects. According to the CDC, "cleaning works by using soap (or detergent) and water to physically remove germs from surfaces. This process does not necessarily kill germs, but by removing them, it lowers their numbers and the risk of spreading infection."

**This is especially true for soft surfaces such as carpet and the textiles covering chairs and cubicles, since they are more easily cleaned than disinfected.**

Cleaning extends beyond your offices. Our equipment is thoroughly cleaned after every job and our technicians are trained in basic cross-contamination preventative techniques, including hand washing protocol.

**milliCare by  
EBC Carpet Services  
757.717.1057  
ebcusa.com**



# Did You Know Some Disinfectants Can Permanently Damage Your Flooring & Upholstery?

At milliCare, we know you shouldn't have to choose between protecting your employees and protecting your facility investments. But it's important to realize that many disinfectant products can do permanent damage to your flooring and upholstery.

Testing has shown that:

- Some chlorine-based chemistries, such as bleach, can damage carpet fiber and alter color on flooring products.
- Disinfectants with "quat" chemistry can interfere with stain performance and cause yellowing or staining. These chemistries can build up with repeated applications and be difficult to remove.
- Disinfectants can include wetting agents, surfactants (soaps) and other ingredients that leave residues and lead to increase soiling if not completely removed.

We have carefully selected a disinfectant product, **Sporicidin**, that has been trusted by cleaning and infection-control professionals for over 30 years. **Sporicidin** provides hospital-grade disinfection capabilities, but is gentle on your facility's surfaces and will not damage your flooring or textiles or negatively impact their performance. It has been thoroughly tested to ensure that it will not cause yellowing, build-up, or resoiling, and will not interfere with your carpet's stain-resistant capabilities.

milliCare is committed to keeping you and the environment as safe as possible. **Sporicidin** falls in the lowest EPA toxicity category possible, which is especially important when sanitizing large areas such as flooring.

## Thank you to our 2021 Sponsors!

Gold Level  
**milliCare**  
FLOOR & TEXTILE CARE

### Silver Level



### Bronze Level

