



President's Corner

The year is off to a good start. Thank you to the Board for all the planning and activities in store for the future!

Recently, a Coffee Chat was held to reach out to prospective members. This was coordinated by Dainan Gibson and Lisa Hall, our membership cochairs and hosted by Kris Turner. The event was held at the Café Moka and brought 2 new members and 5 other interested prospects. Thanks to all for a successful event!

As we focus on bringing new members into the fold, I'd like to encourage all of you to bring a friend or co-worker along to any of our meetings or tours. There's no better way to showcase the

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Parking Lot Maintenance

Presenter – Jon Beck, Virginia Paving

Mr. Beck began with a detailed description of how the ground is prepared before asphalt is applied. He showed pictures of the amount and depth of gravel and other base mixtures that make for a good end pavement. He discussed the different load-bearing characteristics of heavy-use parts of parking lots, versus where cars park.

He then discussed small potholes and "alligator cracking" (asphalt that cracks much like the pattern of alligator skin), the causes and how they develop into large and potentially dangerous potholes. He discussed the various methods for fixing these which includes cold patch, which is a temporary fix, and complete removal and replacement with regular asphalt hot material – the best fix.

He described how asphalt coating can help prolong the life of a typical driveway or parking lot along with sealing of cracks to prevent water intrusion.

Finally, he presented a number of suggestions for repaving parking lots and the criteria used for determining a proper contract RFP using core sampling to determine the properties of the roadbed.

Many questions were asked and answered by Mr. Beck as he concluded his presentation. Virginia Paving, formally Asphalt Roads and materials has been in the Hampton Roads area since the mid 1940's and offers a full line of asphalt products, paving and repairs.





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President's Corner Cont'd

benefits of joining IFMA than to attend one of these events. The next time you RSVP to one of our events, just let us know you'll be bringing a prospective member and we'll be sure to cover their costs.

I enjoyed meeting many of you at the December Holiday Social and hope to see many more of you in the future. Damuth Trane gave an informative seminar on HVAC and we're looking forward to touring the Virginia Aquarium and Top Golf as well as a seminar on Clean Indoor Maintenance Practices. We would love to see you at these functions and are always open to any ideas you may have for future seminars or tours.

Your IFMAHR board is here to serve you and any feedback or ideas you have are welcome! Please feel free to contact us to let us know how we can better serve you.

Warm regards, Rick Deitz, CFM

2017 IFMAHR Meeting Schedule

February 21	Tour of Virginia Beach Aquarium (T)
March 21	Keeping a Cleaner Indoors Good Maintenance Practices (S)
April 18	Afternoon Tour - TOP GOLF - 3:00 PM (T)
May 18	IFMA ASHRAE Golf Tournament
June 20	Annual Meeting/Election of Officers How to Delegate and Get Your Time Back (S)

T = Tour to be held at various locations.

S = Seminar to be held at the Chesapeake Conference Center unless otherwise noted.

IFMA World Workplace 2016

San Diego, CA October 2016



Picture from the deck of the Battleship Midway docked at San Diego Harbor and the IFMA Reception

In October, several IFMA Hampton Roads Members traveled to sunny San Diego for IFMA's annual trade show and Conference, World Workplace. It was a great success for both vendors and professionals. The sessions offered showcased a wealth of great information from knowledge in the FM field as well into Leadership and Development. From all angles, this year's World Workplace allowed us to be able to highlight great booth interaction with familiar smiling faces as well as new faces, and the sessions offered a great amount of useful information for our Facility Partners.

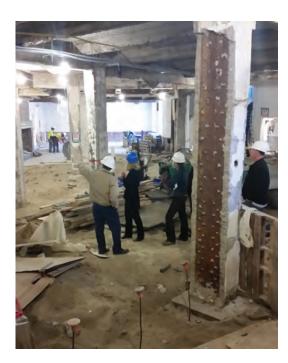
The 2016 World Workplace was one of the best that many of us have been able to be a part of in the past. Our time was greatly spent, learning, growing, networking, and making lasting friendship along the way, and most importantly, showing enthusiasm for all that we do.

We look forward to seeing many more faces in 2017, at the next World Workplace, Houston, Texas!

Tour of the Cavalier



Entering the Cavalier construction area — a good view of the environmentally-friendly pavers being used throughout the property.



John Hancock, center white helmet explains the extensive renovation of the basement level.

The IFMA Hampton Roads November meeting was a "under construction tour of the historic Cavalier Hotel at the Beach. Many thanks to Member Peter Burke for his efforts in arranging the tour, and to our tour guide, John Hancock.

Mr. Hancock began the tour by showing the group one of the model homes constructed on the property surrounding the hotel. The model home incorporates many new and innovative designs and sits on the edge of the grand entrance to the property.

The hard hat clad group proceeded to the Cavalier Hotel and viewed the many renovations being done to the Hotel. Much of the architectural work and construction is been being done to preserve as much of the historical feel of the hotel as possible. At the same time, built in 1927, the hotel has many things that had to be replaced due to aging. Mr. Hancock provided a first-hand look and detailed explanation of the very dedicated work required to restore a hotel of this significance.

Several IFMA Members on the tour had visited the hotel over its earlier years and had fond memories of many of the places including the indoor pool, gracious lobby and foyer areas, and several of the restaurants.

When completed, there will be 85 rooms and suites, the Becca, Hunt and Raleigh rooms for dining, a complete facility for banquets, weddings and special events, a beach club, and a host of "special" amenities including a spa and spa events.

Many thanks to Pete Burke, Mr. Hancock, and all of the workers who were gracious to us and let us see the tremendous effort being put into this jewel at the Beach. We look forward to attend grand opening ceremonies for the Hotel.

Holiday Social

Another Great Event!

The Chinese Proverb says a picture is worth 1,000 words, then these pictures say it all. With some 60 in attendance, the Hampton Roads Chapter celebrated the Holidays with our yearly event at the Church Point Bed & Breakfast.

With Chef Todd Pettway and crew from the Rustic Gourmet Caterer presenting lots of great seafood and comfort food, please of beverages and the gifts and prizes, the only thing missing was Santa – until around 7:30 when St. Nick arrived to help fulfill all of the attendees wishes for presents under the tree.

President Rick Deitz served as Master of Ceremonies and the first order of business was presenting a check to the Food Bank of Southeastern Virginia for \$600.00 which represents some 1,424 meals the FoodBank can provide for needy families.

On to the prizes with 7 premier gifts being offered, the proceeds of which offset the gift to the FoodBank. Everyone joined in the fun and laughter vying for the gifts. When the last prize was drawn, everyone had an additional opportunity to have pictures with Santa and enjoy the camaraderie of all in attendance. Many thanks to Church Point for their continued hospitality to allow IFMA to utilize this facility for the Holiday Social.



Barb Robinson get the top prize of the evening, a new flat screen TV







The IFMA Board joins Santa in his sleigh

Damuth Trane on HVAC&R Controls

January Meeting

Roger Schull, CEM and Scott Kattwinkel, P.E., CEM and LEED of Damuth Trane presented our January seminar on HVAC&R controls and how building FM's can get up to 35% energy savings quickly.

Because building energy is usually the highest expense for most buildings (HVAC&R & Lighting) and because most building controls are not optimized, as energy management tools, there are real saving opportunities to be realized.

Utility Rates for natural gas and electricity are falling but the costs for their infrastructure is rising so there will be upward pressure on rates for these utilities. Because rate increases will be hard to implement, utilities will be looking to work the demand rate side of consumption. For this reason, FM's should invest and know ways to increase their energy efficiency, especially during peak load. By getting and understanding the Building Energy Rating Score, it is possible to compare the energy consumption of your building to other building of similar size and construction. They completed the seminar with several questions from the audience. Many thanks to Mr. Schull, Mr. Kattwinkel and Damuth for this important and informative presentation.



