

QUARTERLY NEWS & INFORMATION

FEBRUARY 2008 VOLUME 1

2007 HOLIDAY SOCIAL EVENT

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Members and guest came together for a relaxing and informal evening at the Lesner Inn in Virginia Beach. We shared a first-rate buffet and many stories on the Waterside Deck overlooking the Lynnhaven Waterway.

The raffles and door prizes drew the evening to a close in just the right fashion. Please see the event photographs inside this issue.

Everyone is urged to come out and enjoy these events. The lunch programs, tours and social gatherings are always a success. This IFMA Chapter enjoys significant attendance and support. We welcome further growth & involvement and hope to see even more faces in 2008.



Once Again the Annual Holiday Social Proved to be an Excellent Event with Great Prizes.

Membership Surveys — Response is needed

Please respond to the Outreach Survey and the Summer Social site selection survey by March 11th, 2008. Use the email links so your vote can be counted or your opinion can be heard. Thanks for taking the time to help the people that are working hard behind the scenes!

[Details on pages 6 & 7](#)



Once again we choose to support our local Foodbank with a generous donation. The gift was presented during the Holiday Social.

UPCOMING EVENTS

Board Meetings:

03/11, 04/08, 05/13

Chapter Programs:

03/18 TBA

04/15 Tour: Virginia Wesleyan College's "Green Roof"

05/20 Tour: The Sandler Center in Virginia Beach

06/17 Tour: Liberty Three LEED bldg in Chesapeake



2008 IFMA SPONSOR PROFILE: FIRST ATLANTIC RESTORATION

Describe your business:

Since 1990, when a disaster occurs, First Atlantic Restoration specializes in providing complete restoration services for commercial and residential buildings, including their contents. Our services include:

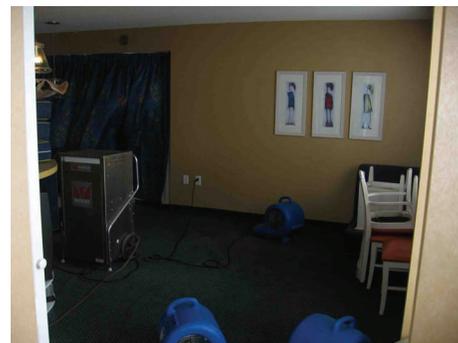
- 24 Hour Emergency Disaster Response
- Mold Remediation
- Water Extraction & Structural Drying
- Fire & Smoke Damage Restoration
- Contents Storage and Cleaning
- Complete Reconstruction Services
- Temporary Weatherproofing/Board Up
- Trauma/Biohazard Clean up
- Document Drying and Restoration
- Fine Art and Electronic Restoration



Give an example of a recent project where you were able to help a facility manager in the successful operation of his or her property:

On Sunday, February 10, 2008, First Atlantic Restoration received a call at 5:30pm from an oceanfront hotel. Our on-call manager responded and arrived on scene by 6:00pm to evaluate the loss with the hotel personnel. A pipe had broken, effecting nearly 100 rooms. Additional FAR personnel were called in, at 6:30pm, to begin extraction and drying. All effected areas were mitigated by 3:00am. On February 11, 2008, at 8:00am, a moisture reading was recorded and additional equipment was installed, where needed. The removal of equipment, on an as needed basis, started on February 12th and the job was completed on February 14th.

Local Contact Info: David Collier, Chip Dawley, Dana Giesinger at 757-499-1915.



PRESIDENT'S MESSAGE Michelle Gold, FMA

IFMA WORLD WORKPLACE—TIME WELL SPENT

Happy New Year! I hope that you all enjoyed the Holidays. It is the time in our personal lives where we set goals for the New Year. In 2007, the Hampton Roads Chapter of IFMA achieved its 2007-2008 goal of sponsoring at least one Officer's attendance at IFMA World Workplace. In late October of 2007, Peter Burke, our current Past President, attended World Workplace in New Orleans sponsored by the Hampton Roads Chapter. I was very pleased that Pete was able to go to the conference. He has done so much for our Chapter. It was nice to be able to reward him for his dedication. I was able to attend thanks to my employer, USAA. Also in attendance was our recent Treasurer, Gordy Taylor of Millicare by EBC.



IFMA World Workplace is a terrific opportunity for our local chapter members to interact with members from all over the world. The conference allows networking with Professional and Associate members. There are a multitude of opportunities for CEU's with educational sessions that highlight all the core competencies of Facilities Management. There is also a large Trade Show that offers members the opportunity to learn about available FM products and visit with the vendors that supply them. Other events include a Welcome Reception, Awards Banquet, and addresses from Keynote Speakers.

In addition to participating in a very enlightening World Workplace, I really enjoyed New Orleans. The people were warm and the food was wonderful.

The French Quarter and Garden District weathered the storm and are ready for visitors. After the conference, I took some time to drive around the residential communities outside the tourist areas. Some neighborhoods have come back and others look like war zones. It is nice to hear that celebrities as well as normal, everyday citizens are working to replace housing that was lost to the storm. Our own Gordy Taylor went to New Orleans before the conference and worked on a Habitat for Humanity House.

I hope that each of you have the opportunity to attend an IFMA World Workplace Conference in the future. It is just another benefit of your membership. Be active in your Chapter. Be an Officer...go to World Workplace!!!!



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www.ifma-hamptonroads.org

Contact the Editorial Staff: Send comments and suggestions to the editorial staff. Article submissions are welcome and will be considered by the Chapter Board.

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email: mshaffer@servproctn.com

IFMA LOGO POLO (GOLF) SHIRTS AND T-SHIRTS NOW AVAILABLE

2008 IFMA Hampton Roads shirts are now for sale. Show your support for the group by getting your shirt today. Both types of shirt feature our IFMA Hampton Roads Chapter custom design logo! Contact any board member or committee chair to get your IFMA logo shirt. Shirts may be picked up at the next monthly event after your request is received— unless other arrangements are made.

Polo shirts are \$25.00 available in gray with sizes from medium thru XXL.

Casual T-Shirts are only \$12.50 available in stone (see photo below) with sizes from medium thru XXL.



2008 IFMA SPONSOR PROFILE: DAMUTH TRANE***Describe your business:***

Damuth Trane is a multi-faceted company that provides all building comfort system components, including commercial and industrial air conditioning equipment, service, building automation controls, parts and supplies. Located in Cavalier Industrial Park in Chesapeake, Damuth Trane employs over 150 people and is the regional commercial franchise for Trane, a leading global provider of indoor comfort systems and comprehensive facility solutions. Damuth Trane has been providing comfort solutions for commercial, industrial, educational, healthcare and government facilities since 1970.

Give an example of a recent project where you were able to help a facility manager in the successful operation of his or her property:

Chesapeake General Hospital offers top quality healthcare. Here's how Damuth Trane helped the hospital upgrade its chiller plant and HVAC system to improve energy efficiency and provide cooling redundancy.

Chesapeake General Hospital had developed plans for a 49,000 square foot expansion; however, the existing chiller plant did not have the necessary cooling capacity to handle the additional floor space. The hospital also did not have any HVAC system redundancy and wanted to eliminate the CFC refrigerants in the existing chillers.



Damuth Trane made a detailed study of the issues to discover sources and solutions for each problem. The expansion increased cooling requirements by about 150 tons for a total requirement of 1550 tons of capacity. However, the old chiller plant with two 500-ton R-11 chillers and 400 tons of thermal storage could not handle the increased load. Damuth Trane recommended replacing the old 500-ton chillers with two 1000-ton high efficiency R-124 chillers. Although the new chillers alleviated the need for redundant cooling capacity, a new cooling tower was also needed. Chesapeake General had two 1000-ton cooling towers and a 600-ton cooling tower already in place. The 600-ton cooling tower was replaced with a 1000-ton unit to increase capacity and provide redundancy should a tower fail. The chilled water pumping system was changed from a primary-secondary system to a variable-primary flow system, eliminating three 60-hp chilled water pumps and saving additional energy use.

Trane also added seven ice storage tanks to provide additional capacity and further reduce peak electrical demand. The ice storage system fills the storage tanks at night when energy costs are lower. By using the ice for air conditioning during the day, the hospital saves significant energy costs. To optimize overall system efficiency Trane recommended installing a Trane Tracer Summit automation system.

The new chillers reduced operating and maintenance costs, eliminated CFC refrigerants and provided system redundancy. In the first month, the owner saved \$12,000 in energy costs and about \$8,000 - \$10,000 each following month.

Local Contact Info: Nancy Mitchell-Veeck at 757-558-0200.



CHAPTER MEMBERS CAN MAKE A DIFFERENCE

The "Helping Hand Corner"

This year our chapter wants to reach out to those in need in our community by volunteering our time at a number of charitable events. Please help us to decide where we can put in our best effort (s) by completing the following survey.

Email your responses to our Holly Nugent, our Outreach Chairperson, at hnugent@harrisconnect.com. We'll let you know where and what we'll be doing in 2008! Thanks for your help in deciding how we can help our community. **Please respond by March 11th, 2008.**

I am interested in the following volunteer opportunities:

MAYFLOWER MARATHON FOOD DRIVE YES NO

HABITAT FOR HUMANITY YES NO

RACE FOR LIFE CANCER RELAY YES NO

OTHER _____

I can volunteer daytime nighttime weekends only

For the MAYFLOWER MARATHON (only):

I can do a food collection drive at my business YES NO

I can volunteer at the Marathon days nights weekends

For HABITAT FOR HUMANITY (only):

I can help with carpentry paint electrical other (specify)

Any other suggestions?

Name	Company	Phone#	Email address
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WE NEED YOUR IDEAS FOR OUR 2008 SUMMER SOCIAL EVENT!**WE NEED YOUR IDEAS FOR OUR SUMMER SOCIAL!**

We are beginning the planning stages of our summer IFMA social and are looking for some ideas from our members! Since this is an appreciation of YOU and our sponsors, what would you like us to do?

Some initial ideas:

Busch Gardens

Dolphin watch trip

Virginia Jewel boat cruise

Beach party/clambake

Pirate ship cruise

Tour/party at a winery

Any other suggestions? _____

Please send your ideas to either one of us! Thanks for your help.

Holly Nugent hnugent@harrisconnect.com

Lisa Zawacki lzawacki@roseandwomble.com

Please respond by March 11th, 2008.



Holiday Social 2007 PICS



Special thanks go out to the sponsors and supporters of our chapter

Dessert selection compliments of SERVPRO of NEWPORT NEWS

Gift certificate for Total Wine from Butler Recycling

Anheuser-Busch gift set from Hoffman Beverage



Presentation of donation to Mary Ann

Our IFMA Chapter continued support of local charities again this year. The Foodbank of Southeastern Virginia also received a needed and appreciated monetary donation. Our donation will help to feed those less fortunate in our community.

MEMBERSHIP CORNER & SPOTLIGHT

Prior events:

In January we toured the Damuth Trane Facility in Chesapeake. Special thanks go out to this pioneering company for opening the impressive facility to our group. We received an informative briefing on Energy Management from Ed Blair and John Butler provided a guided tour thru the mechanical rooms. Thank you both for your time. And hats off to Nancy Mitchell-Veeck for coordinating everything for us on such short notice.

Future events:

The chapter welcomes suggestions on future seminars and presentations. If you hold a particular expertise beneficial to the association at large or know someone who does—please contact a board member. Board members may be contacted by email or in person at the next event. We welcome comments and suggestions.

Hail to Our Recent IFMA Members!

Jeff Frye, Facilities Manager, with 1ST Advantage Federal Credit Union

Nicholas Tarzia, District Manager, with Mannington Commercial



GREEN ROOF TOUR COMING IN APRIL—VIRGINIA WESLEYAN COLLEGE

The Virginia Wesleyan team, along with faculty advisors Dr. Margaret Reese, Dr. Elizabeth Malcolm and Dr. Maynard Schaus, is focusing on “Moving toward a sustainable campus: design of a green roof monitoring experiment.” With the College currently in the design phase for construction of a LEED®-certified science building to be built in 2009, the faculty has identified the new building as an opportunity for students to learn about sustainable design and to contribute to the building plans. The group’s aim is to reduce the impact on storm water runoff, water pollution, energy use, global climate change and urban heat island effects. Additionally, students are challenged to maintain and upgrade the older buildings on campus with comparable goals.



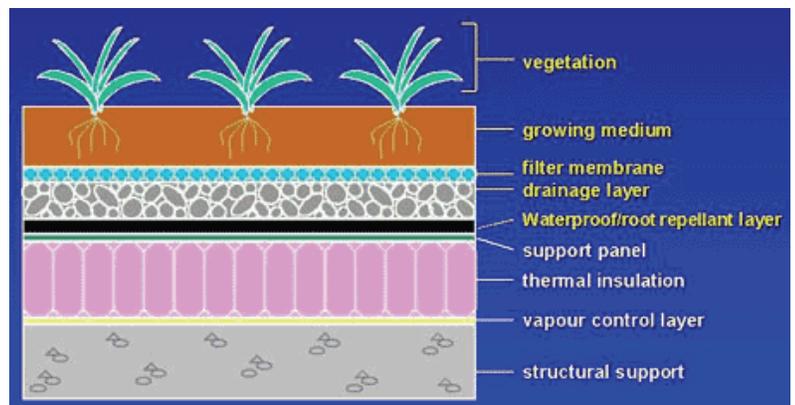
Source: Anonymous. (circa 2005). The leaves are changing, but students keep it green at Virginia Wesleyan. Retrieved February 29, 2008 from Virginia Wesleyan College website at http://www.vwc.edu/news_events/feature/2005/greenroofproject.php

ABOUT GREEN ROOFS

A green roof system is an extension of the existing roof which involves a high quality water proofing and root repellent system, a drainage system, filter cloth, a lightweight growing medium and plants.

Green roof systems may be modular, with drainage layers, filter cloth, growing media and plants already prepared in movable, interlocking grids, or, each component of the system may be installed separately. Green roof development involves the creation of "contained" green space on top of a human-made structure. This green space could be below, at or above grade, but in all cases the plants are not planted in the "ground". Green roofs can provide a wide range of public and private benefits.

Principal Green Roof Technology Components



Source: National Research Council, Institute for Research in Construction

IFMA-HAMPTON ROADS SPONSORSHIP LEVELS—2008**Gold - \$750**

- Special nametag at meetings
- Logo on IFMA website with link
- Logo on monthly meeting invitations, notices
- Company/Member Spotlight in Quarterly Newsletter
- Company information listed in Vendor Directory
- 2 tickets to both the Holiday Social and Summer Member event

Silver - \$500

- Special nametag at meetings
- Logo on IFMA website with link
- Logo on monthly meeting invitations, notices
- Company/Member Spotlight in Quarterly Newsletter
- Company information listed in Vendor Directory

Bronze - \$250

- Special nametag at meetings
- Listed on IFMA website
- Company information listed in Vendor Directory

Sponsorships will run January 1, to December 31, of 2008. Once you have selected your level choice, please send notification to: ifmahr@aol.com. They will coordinate your payment in the amount of your sponsorship commitment and will require an electronic copy of your logo. You will also be required to fill out an information template so that we can include you in our annual vendor directory.

Gold and Silver Sponsors will be featured in one of our quarterly newsletters. Our Communications Chair Person will contact you to coordinate this.

Also for your information you may find the IFMA website at <http://www.ifma-hamptonroads.org>. Should you not be a member and wish to become one, go to this website, select the membership tab, under membership hit join and renew and it will walk you through the steps from there.

Great to have you as part of our team, look forward to working with you!