



QUARTERLY NEWS & INFORMATION

OCTOBER 2010

VOLUME 2

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UPCOMING EVENTS

Board Meetings:

2010: **11/9; 12/14**

2011: **2011: 1/11; 2/8**

Chapter Programs:

2010

November 16: Chapter Meeting, Chesapeake Conference Center, Cooling Towers Cool!

December 14: Holiday Social, Church Point Manor B & B

2011

January 18: Chapter Meeting, US Coast Guard Base Portsmouth Tour

February 15: Chapter Meeting, Chesapeake Conference Center, LEED Your Facility

MEET YOUR NEW BOARD MEMBERS

IFMA-HR has new Board Members. Thank you for serving:

- President Nancy Mitchell-Veeck
- Vice President Gardner Winstead
- Treasurer Cathleen McPoland
- Secretary Todd Jones
- Past President Michael Lee
- Membership Chair David Pattishall
- Programs Chair Kirk Baldwin
- Sponsorship Chair Latisha Jeffries
- Outreach Co-Chair Demetrius Blowe
- Outreach Co-Chair Paul H. Gram
- Communications Chair Michelle Gold

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PRESIDENT'S CORNER

Welcome to the Hampton Roads Chapter of IFMA.

It is my privilege to serve you as your President for 2010/2011, and I'm looking forward to a great year. For those of you that don't know me I've been in the HVAC/R business for over 25 years. I've worked with facilities in Southeast Virginia and Eastern North Carolina providing commercial/industrial air filtration, IAQ Solutions, HVAC Building Solutions and Controls focusing on Energy Management.



PLEASE SUPPORT OUR SPONSORS AS THEY SUPPORT YOU



Newport News



PRESIDENT'S CORNER CONT'D

In July your Board of Directors and committee members worked very hard planning seminars and tours for the upcoming year. The schedule has been set so please check our website www.ifma-hamptonroads.org for our upcoming events.

We're looking forward to seeing you at our chapter meetings.

Nancy J Mitchell-Veeck, President

MEET YOUR 2010-2011 IFMA-HAMPTON ROADS BOARD AND CHAIRMEN CONT'D

Nancy Mitchell-Veeck

Account Manager, Thermo-Trol, Inc

IFMA-Hampton Roads Position:

Chapter President



1) Career History: I have been in the HVAC/R business for over 25 years. I've worked with facilities in Southeast Virginia and Eastern North Carolina providing commercial/industrial air filtration, IAQ Solutions, HVAC Building Solutions and Controls focusing on Energy Management

2) Favorite Pastime: Boating and spending time with family and friends at our Lake House on Lake Gaston

3) Favorite place to vacation: Norway is great for the cooler weather (that's where my family is from), but Hawaii is tops on my list for warm and sunny

4) Favorite Hampton Roads Restaurant: There are many restaurants to choose from, but Steinhilber's is the best local and is #1 on my list.

Gardner Winstead

Regional Manager, Millicare Textile & Carpet Care

IFMA-Hampton Roads Position:

Chapter Vice-President



1) Career History: 1986 – June 2007 Midstate Mills, Inc / Account sales representative. August 2007 – present MilliCare by EBC Textile & Carpet Care / Regional Manager

2) Favorite Pastime: Golf

3) Favorite place to vacation: Key West or any place warm & sunny

4) Favorite Hampton Roads Restaurant: Broken Egg Bistro

5) If a movie was made about your life, which actor would you want to play you? George Clooney

Cathleen McPoland

Manager, Facility Administration,

AMERIGROUP Corporation

IFMA-Hampton Roads Position: Chapter Treasurer



1) Career History: Accounts Payable, Facility Coordinator- APAC/UPS Facility Manager-Irving Group/Nextel. Manager-Facility Administration

2) Favorite Pastime: Kickball-Poquoson Kickin Cougars, Gardening/Landscaping, Race Walking-5k

3) Favorite place to vacation: Outer Banks- Corolla to Hatteras Anywhere along the Blue Ridge Parkway

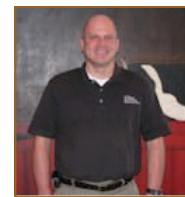
4) Favorite Hampton Roads Restaurant: Tap House-Hampton

5) If a movie was made about your life, which actor would you want to play you? Diane Lane

Todd Jones

President, Sun Cross Services

IFMA-Hampton Roads Position: Chapter Secretary



1) Career History: 1983-1985: Quality Engineer, Comdial Corporation; 1985-1987: Quality Engineer, Tracor Corporation; 1987-2010: Sales Rep., Manager, Vice President & President, Sun Cross Services Corp.

MEET YOUR 2010-2011 IFMA-HAMPTON ROADS BOARD AND CHAIRMEN CONT'D

2) Favorite Pastime: Exploring life with my wife Valerie and our two boys Noah (6) and Caleb (4) and University of Richmond sports!

3) Favorite place to vacation: Lake Winnepesaukee, New Hampshire

4) Favorite Hampton Roads Restaurant: A "toss up" between Steinhilber's and Nawab Indian Restaurant

5) If a movie was made about your life, which actor would you want to play you? Tom Hanks

Michael Lee

General Manager, Wells Fargo Center

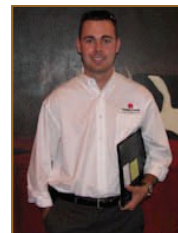
IFMA-Hampton Roads Position: Chapter Past-President



David Pattishall

Business Developer, ValleyCrest Companies, Inc

IFMA-Hampton Roads Position: Membership Chairman



1) Career History: This is my 6th year in the landscape industry. I have over 4 years of operational experience and 2 years of upper level management experience. In my position now, I handle all new business and customer relations. It is my job to insure that all new work that we receive is properly transferred to our operations staff. Along with that, I make sure that all promises made to the customer during negotiations are addressed and completed throughout the duration of our contract.

2) Favorite Pastime: Hunting/Fishing/Boating, NASCAR, Anything UNC!!!

3) Favorite place to vacation: Family beach house. Harker's Island, NC (Cape Lookout)

4) Favorite Hampton Roads Restaurant: Joe & Mimma's Italian, Newport News

5) If a movie was made about your life, which actor would you want to play you? Jared Leto (My So Called Life).

Kirk Baldwin

Vice President, Operations
Hoffman Beverage Co, Inc.

IFMA-Hampton Roads Position:
Programs Chairman



1) Career History: USAF 1968-1972 Electronics Technician ODU, BS Marketing, 1975; Employed by Hoffman Beverage Company since 1974, currently VP/Operations

BOARD & COMMITTEE CHAIRS:

President, Nancy Mitchell-Veeck
nveeck@thermo-trol.com

Vice-Pres, Gardner Winstead
gwinstead@ebcusa.com

Past President, Michael Lee
mlee@slusbaum.com

Treasurer, Cathleen McPoland
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Secretary, Todd Jones
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Membership, David Pattishall
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Programs, Kirk Baldwin
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Sponsorship, Latisha Jeffries
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Communications, Michelle Gold
Michelle.gold@abm.com

Outreach Co-Chair, Demetrius Blowe
Demetrius.blowe@volvo.com

Outreach Co-Chair, Paul Gram
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Contact the Editorial Staff: Send comments and suggestions to the editorial staff. Article submissions are welcome and will be considered by the Chapter Board.

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MEET YOUR 2010-2011 IFMA-HAMPTON ROADS BOARD AND CHAIRMEN CONT'D

2) Favorite Pastime: Traveling or planning trips, investing in the stock market, twentieth century history and watching sports mostly college football and basketball

3) Favorite place to vacation: Currently visit Cabo San Lucas, Mexico yearly and have been to most major tourist areas in Mexico Alaska was my favorite all time trip to date and is definitely on my must return list

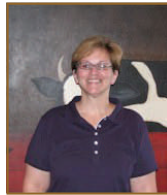
4) Favorite Hampton Roads Restaurant: Steinhilber's

5) If a movie was made about your life, which actor would you want to play you? Carroll O'Connor

Tisha Jeffries

Business Developer, Service Business Unit
Warwick Plumbing & Heating Corp.

IFMA-Hampton Roads Position: Sponsorship Chair



1) Career History: Business Development for Warwick Plumbing and Heating. Been in the industry going on 5 years. Been in sales for past 15 and spent 8 years in the Navy.

2) Favorite Pastime: SPORTS, SPORTS, SPORTS...love camping, traveling, coaching my kids sports. DIE Hard Dallas Cowboys, Oklahoma Sooners, LA Lakers, St. Louis Cardinals fan!!!

3) Favorite place to vacation: Smokey Mountains in TN

4) Favorite Hampton Roads Restaurant: PF Changs

5) If a movie was made about your life, which actor would you want to play you? Sandra Bullock

Demetrius Blowe

Facilities/Environmental Technician
Volvo Penta Of the Americas

IFMA-Hampton Roads Position:

Outreach Co-Chair



1) Career History: Currently Employed as the Facilities/ Environmental Technician with Volvo Penta Of The Americas in Chesapeake Virginia. In of April 2010 acquired my FMP designation From IFMA. I also hold a Master Electrician License for the State of Virginia, EPA 608 Certified and a ISO 14001 Auditor certification. I have been involved with Facilities Management for the last three years now and look forward to a excellent career ahead in the field.

2) Favorite Pastime: Reading and building Projects

3) Favorite place to vacation: Winnipeg Canada

4) Favorite Hampton Roads Restaurant: Bone Fish Grill

5) If a movie was made about your life, which actor would you want to play you? Will Smith

Paul H. Gram

IFMA-Hampton Roads Position:

Outreach Co-Chair



1) Career History: Twenty-six years experience in facility maintenance and engineering management; Charter Member of the Hampton Roads IFMA Chapter. Active participation since 1989. Positions held: Treasurer, Vice-president, President, and Past-President; 11 years as Chief Engineer - Capital Group Companies Inc. - Norfolk, VA; 11 years as Manager of Facilities and Maintenance - Lillian Vernon Corporation - VA Beach, VA. Currently evaluating new career opportunities

2) Favorite Pastime: Beer

3) Favorite place to vacation: Asheville, NC

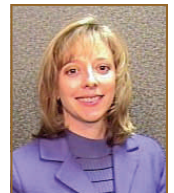
4) Favorite Hampton Roads Restaurant: Gordon Biersch Brewery

5) If a movie was made about your life, which actor would you want to play you? Harrison Ford

Michelle Gold

Property Manager, ABM Engineering

IFMA-Hampton Roads Position: Communications Chair



1) Career History: Eight years in the Architectural & Interior Design Sales Industry; Fourteen years in the Facilities Planning and Facilities Management Industry

2) Favorite Pastime: Virginia Tech Football

3) Favorite place to vacation: Any beach or Europe.

4) Favorite Hampton Roads Restaurant: Tautog's, Virginia Beach

5) If a movie was made about your life, which actor would you want to play you? Jodie Foster

IFMA/ASHRAE GOLF TOURNAMENT A SUCCESS

May 20 at Sleepy Hole Golf Course saw the gathering of the 3rd annual IFMA/ASHRAE Golf Tournament to raise funds for the joint project - “E4Kids” - energy saving projects to benefit kids and families in the Hampton Roads community. Each organization donates \$5000.00 towards equipment that helps local non-profit groups better utilize energy in their facilities.



need of help during periods of crisis such as domestic abuse, chronic hunger, and housing-related debt. This installation will help improve their energy efficiency and save 4Kids money along with added designs by Douglas Henderson and the ASHRAE engineers to help distribution and airflow.

Many thanks to everyone who contributed and played in the tournament for making it a success.

Bay Diesel and HBA sponsored the beverage carts for the 85° day that saw 120 golfers take to the course to experience the camaraderie of the group and the challenge of the course for an enjoyable day of play.

Trying to get a group this size moving in the same direction was an easy assignment for the course pro – much more difficult for us to get them to hold still for a group photo but here it is.

First year funds from the tournament funded a solar hot water heating system for St. Mary’s Home for Disabled Children. The system will help St. Mary’s put more funds toward their mission instead of paying fossil fuel bills for hot water heating and it helps the community take steps to save energy and the environment through sustainability equipment such as this. Proceeds from this year’s tournament helped fund a new high efficiency heating and air conditioning unit for one of the homes of 4Kids, the non-profit organization that helps house families in



Kirk Baldwin and Ben Sutherland help at registration to keep the money coming in

ASHRAE/IFMA Pig & Oyster Roast



Phil Stitt of Bay Diesel and a Bronze Sponsor of the event and Jay Wargo Damuth Trane a Friends Sponsor enjoy the group.

The 3rd annual ASHRAE/IFMA Pig & Oyster Roast (washed out by the downpour of September 30) was rescheduled for October 7 and was a resounding success along with just being a good time. Nature cooperated by providing an 88° temperature and bright sunshine.

The event, held each year on the grounds at beautiful Talbot Hall in Norfolk located right on the Lafayette River, broke previous attendance records as some 250 people joined for the event.

Key ingredients to the success of the event included great barbecue and oysters along with adult beverages. In addition, games and a great bluegrass band added to the overall enjoyment of the afternoon.

The event is the second of two events held each year to fund the joint community project, 4Kids, that ASHRAE and IFMA join together to give.



Banner of all of the Sponsors of the Pig & Oyster Roast - Thank You!!

This year's event raises money for energy saving additions to homes built by Habitat for Humanity. HFH is the organization that helps family's achieve home ownership through low interest loans and sweat equity. The project this year will help two of these homes be super energy efficient with high SEER HVAC units and other energy saving additions to the homes.

Habitat currently has several homes in the process of being completed and this will help the families of the homes to be able to save energy and fossil fuel costs along with helping contribute to overall sustainability.

