

President's Corner



Hello to everyone!

I hope everyone has had an enjoyable summer!

Before I get started with my first term as President, I would like to thank our existing Board and Committee members that have stayed on for all of their dedication and time and also welcome the new committee members: Christine Mueller, Gail Gompers & Richard Cilley. Also, I need to thank Al Veeck and Terry Driscoll with MVA, Inc. for providing their expertise with the newsletter and coordinating the seminars and tours throughout the year.

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IFMAHR/ASHRAE Select Special Persons Mailing Service for Energy Upgrades

Art Roy, who turns 85 at the end of October, was committed to his career as a naval officer and retired as a commander after 30 years of service. He's committed to his wife, Floy, whom he wed 62 years ago. And Roy made a commitment to his daughter, Jennifer, when she was born 41 years ago, and has stuck by it ever since.

Jennifer Roy has Down syndrome. When she was born, the couple dismissed others' recommendations that they not take her home. They also were told their youngest of three children would never have a normal life. Before Jennifer was getting ready to graduate from Princess Anne High School in 1993, the Roys thought about what her future may hold.

"We were looking for something for her to do in the community," Art Roy said. "All they had for her at the time was to be a waitress or a cleaning lady in a hotel. We didn't like that idea." Instead, five young women – including Jennifer – began to volunteer their time at the Roys' kitchen table in 1991. From there, the Roys started a nonprofit, Special Persons Mailing Service, aimed at creating work for Jennifer.

"She's the reason for Special Persons," said Art Roy, who more than 20 years later employs 34, including consumers from the City of Virginia Beach's SkillQuest program. Employees at Special Persons Mailing Service work 7½ hours a day, four days a week, providing third-party mailing services such as collating, folding, stapling, labeling, tabbing and sorting. Faithful volunteers come in regularly to count and place items in ZIP code order. Floy Roy, who is the bookkeeper for St. Pius X Church in Norfolk, also handles all of the bookkeeping at Special Persons.

The more than 3,600-square-foot brick building on Tulip Drive, which Special Persons Mailing Service has owned



Art Roy of Special Persons Mailing Service

since 1996, recently underwent an extensive three-day makeover, thanks to volunteers from Amerigroup. On the exterior, they installed a large sign, plants, mats, shutters, a bench and lighting. The interior got new carpeting, fresh paint, new tables, a work center, laminated counter tops, a new computer room with computers and a printer, filing and storage cabinets, a large flat-screen television and more.

Art doesn't take home a paycheck from his nonprofit business, but said he gets paid in other ways, including the hugs that go around at any given moment. "I didn't think it'd get this big," said Roy, who faithfully plays golf on Monday mornings, but otherwise spends his retirement behind the desk of his office with a window overlooking the workers' area. "But, now they'll always have a place to work."

"We are proud to partner with ASHRAE to help Special Persons get a new HVAC system," said Gardner Winstead, President of IFMA-Hampton Roads. "This project will help Special Persons to reduce their energy consumption and focus more money on their core Mission of helping more young people in the program," he added.

The project will involve replacing two HVAC units and reconstruction of ductwork to give better air distribution and filtration to the facility.

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Contact the Editorial Staff: Send comments and suggestions to the editorial staff. Article submissions are welcome and will be considered by the Chapter Board.

Mail: IFMAHR, PO Box 68639, Virginia Beach, VA 23471

President's Corner Cont'd

These are the people responsible for making our chapter what it has become. I also would like to thank our sponsors and general membership; we appreciate your continued support and everything that you do for IFMAHR.

The Board of Directors met in July for our 2012-2013 annual planning session and have filled the calendar with a lot of great seminars and tours throughout the year. Also, don't forget our Pig & Oyster roast in October and Golf tournament in May present excellent sponsorship opportunities for companies to advertise to the membership for a low cost, not to mention, having a lot of fun as well! Also, if anyone has any ideas for tours or seminar topics they would be interested in, please mention them to one of the board members and we will see what we can do about getting it on the schedule for next year.

Dates to Remember

Thursday, October 4 IFMAHR/ASHRAE Pig & Oyster Roast

Tuesday, October 16 "The Tide" tour

Please see the complete schedule in this Newsletter. Hope to see everyone soon!

Sincerely,

Gardner Winstead
President-IFMA Hampton Roads

IFMAHR/ASHRAE Annual Golf Tournament

Wednesday, May 16th marked the 6th Annual IFMAHR/ASHRAE Golf Outing. This year's tournament was held at the picturesque Sleepy Hole Golf Course on the Nansemond River in Suffolk, Virginia. Sleepy Hole Golf Course is an 18-hole, par 72, 7,000-yard championship course. The legendary 18th hole is rated "most challenging in Hampton Roads."

The IFMAHR/ASHRAE Golf Outing is one of two of our annual fund raisers. Proceeds from this popular event support IFMAHR outreach projects and ASHRAE scholarships. This year's IFMAHR/ASHRAE community outreach project benefits the YWCA.

As always, our vendor members and sponsors contributed greatly. R. W. Hayes & Co. and ABM Engineering supplied the adult beverages Additional hole sponsors included MVA, Inc, EBC Carpet Services, Mannington Carpet, Sun Cross Services and Cherry Carpet. Many thanks to ServPro for their sponsorship and contribution of food and beverage and "closet to the hole" contest.

It was a beautiful day for golf although an afternoon thunderstorm made it a 16 hole game. After the tournament, Sleepy Hole supplied a tasty dinner of BBQ and fried chicken with all the fix'ins. Participants enjoyed their meal as the 2012 tournament winners were announced.

The annual golf tournament is not only rewarding for our outreach programs, but also allows us the opportunity to gather socially, forget about work for awhile, and enjoy each other's company. Thank you to the sponsors and IFMAHR and ASHRAE volunteers that make this event a success year after year.

Answers to quiz on page 7

- 1. C, E
- 2. G, S
- 3. Q, Y
- 4. T, X
- 5. L, W
- 6. M, P
- 7. H, J
- 8. A, R
- 9. F, Z
- 10. I, N
- 11. K, U
- 12. D, V
- 13. B, O

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IFMAHR Wishes Larry LaRue a Happy Retirement

Long time IFMAHR member and CFM, Larry LaRue, retired this spring. Larry had a successful first career as a naval aviator. After retiring from the Navy, he found himself at the USAA mid- Atlantic regional office where he served as Director of Facilities Management for 15 years.



Larry was always active in IFMAHR with attendance and participations in meetings and tours and was one of the rooftop working group who helped install the solar hot water heating system at St. Mary's Hospital for Disabled Children – the first community project done by the IFMAHR/ASHRAE group

Congratulations, Larry!! Enjoy retirement.

IFMAHR Meeting Schedule - 2013

Board Meeting Date	Chapter Meeting Date	Chapter Meeting Activity / Seminar
July 10		Officer Planning Session
August 4		
September 11	October 4	ASHRAE / IFMAHR Pig & Oyster Roast
October 9	October 16	The Tide Tour (light rail)
November 13	November 20	USGBC Seminar on Changes
December 11	December 18	Holiday Social (location TBA)
January 8	January 15	Military War Museum Tour
February 12	February 19	WC Carpenter / Flooring Technology Seminar
March 12	March 19	NASA Wind Tunnel Tour
April 9	April 16	Cool Roofs Seminar
May 14	May 23	IFMAHR / ASHRAE Golf Outing Sleepy Hole
June 11	June 18	Annual Meeting & Election Managing Across Generations Seminar
July 16		Annual Board & Planning Meeting

Seminars will be held at the Chesapeake Conference Center

Tours will be held at various locations announced in the monthly IFMAHR notice.



E4K = Energy For Kids
Thursday, October 4th @ 3:00-8:00 p.m.
Talbot Hall, 600 Talbot Hall Rd , Norfolk, VA 23505

Join us for an afternoon of BBQ, Oysters, Beer, music by the Hotcakes Band and the Elderly Brothers, and more...all for a good cause!

All Profits will be used for Special People Mailing Service for Energy Improvements to their HVAC system.

Sponsorship	Includes	Price	Choice
Gold Level	Reserved Table Full page ad in program Table/Poster signage Recognition at event	\$1,500*	_____
Silver Level	8 Tickets Half page ad in program Poster and entrance signage Recognition at event	\$1,000*	_____
Bronze Level	4 Tickets Quarter page ad in program Entrance signage Recognition at event	\$525*	_____
Friendship Level	2 Tickets	\$125*	_____
Group Sponsor	5 or more tickets	\$30 each	_____
Individual Ticket	Ticket to the event	\$35 each	_____

Payment Method: Invoice Check

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Fax: _____ E-mail: _____

ASHRAE: Complete and return this form to reserve your sponsorship.
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 Rich Roberts - 1900 Monument Drive, Virginia Beach, VA 23464
 Fax 757-853-3306
 Questions - 757-270-1875 or e-mail: richard.l.roberts@ed.com

IFMA: Complete and return to IFMA Hampton Roads
 PO Box 68639 Virginia Beach, VA 23471
 FAX: 457-1895
 Questions - 757-508-6232 or ifma@gnoll.com

*DEADLINE For Signage and Program - September 14, 2012

IFMAHR (PEOPLE) TRIVIA

1. Gardner Winstead President	
2. Nancy Mitchell-Veeck Past President	
3. Kirk Baldwin Vice President	
4. Todd Jones Secretary	
5. Kathlyn McPoland Treasurer	
6. Michelle Gold Communications Chair	
7. Paul Gram Outreach Chair	
8. Germaine Gauvin Sponsorship Co-Chair	
9. Gail Gompers Sponsorship Co-Chair	
10. David Pattishall Membership Co-Chair	
11. Christine Mueller Membership Co-Chair	
12. Richard Cilley Program Chair	
13. Al Veeck Administrator	

Most of your 2011-2012 board members and committee chairs have returned. Let's see how much you know about them. Match two facts to each IFMA-Hampton Roads leader.

- a. Is one of ten children
- b. Can ride a unicycle
- c. Is very anal retentive about certain things
- d. When teacher took attendance the first time in grade school, their name was a description
- e. Is Phil Mickelson's biggest fan
- f. Grew up in the Star City of the South (Roanoke)
- g. Has wings, but no feathers
- h. Drove a boat on Lake Michigan for a living for a while
- i. Loves to hunt with spare time
- j. Is a Former firefighter and EMT
- k. Has volunteered with Girl Scouts for 25 years
- l. Likes to work with power tools
- m. Sent an audition tape to CBS's Survivor television series on my 40th birthday
- n. Used to work on a hog farm
- o. Has 8 grandkids
- p. Was asked to leave the Virginia Beach Motor World for driving too recklessly
- q. Lived in Libya
- r. Won the 2011 Suffolk Peanut Butter Sculpting contest
- s. Is Norwegian
- t. Can cut their own hair! And quick too!
- u. Was in the Spanish Honor Society in college
- v. Collegiate all-state player despite soccer team was out-scored 27-1 against same team over 3 years, but had a win sandwiched between two losses. (Yes, 0-17 the year before i arrived, 1-0 my first year and 0-10 the next year, they got their revenge)
- w. Was a band and drama geek
- x. Spent Y2K ringing in the new year in a tribal tent with tribal people in the highlands of central Asia
- y. Loves college basketball but only played football and baseball
- z. Spent a semester studying at London College of Art

Answers on Page 3